

WHICH ROAD DO YOU WANT TO TAKE?

YOU ARE YOUR DECISIONS! So, if life is like a road, the road you are in right now is because you or someone else made the decision for you to travel through that road at the moment.

The good news is that you can take another road at any given moment. You just have to choose a different road.

Right now, I want you to think of 5 decisions that have radically changed your life for better or worst. What's important is to identify defining moments of your life where you took the road less traveled.

1.

2.

3.

4.

5.

Notice what were the emotions that made you take those decisions?

1.

2.

3.

4.

5.

Now, go back and think of the impact that making those decisions had in your life? Please, write it down below.

1.

2.

3.

4.

5.

NOTICE THAT THE POWER OF YOUR DECISIONS IS TRULY UNLIMITED.

Now, think of 5 things that you would like to have more in your life or that you would like to accomplish.

1.

2.

3.

4.

5.

Now, with those 5 things in mind, think of 5 decisions you need to make in order to get closer to your goals and dreams. In other words, which roads do you need to take to get to your desired destination?

1.

2.

3.

4.

5.

Now, write down what you need to do TODAY to set in motion those 5 decisions that you have identified that would take you closer to your goals and dreams. Set a due date for each one of the 5 items.

1.

DUE DATE:

2.

DUE DATE:

3.

DUE DATE:

4.

DUE DATE:

5.

DUE DATE:

Remember, it is only when you schedule things that you can turn them into a reality.

Yes You Can!